

— COAST-TO-COAST '99 —

ROBIN'S QUEST

Running a race of his own

It's going to be a frenetic February for Speight's Coast-to-Coast guru Robin Judkins as he tackles his own race against time, writes TONY SMITH.

T he mid-distance triathlete is getting up his mountain skiing holiday in Colorado to finish a book he started writing before Christmas.

"I've got 100 pages of starts with the day I grew up

the p... in 1975 and goes through '87. It's a work in progress, with the author and its very funny," Judkins chuckles.

The only problem is I can remember the incidents, but I can't always recall who was there at the time," he says.

"I've got a really funny book," he said to me. "Justify, you're writing a memoir about things people don't care about."

Judkins writes 20 chapters in longhand - "I live in a computer-free zone". In three weeks,

like the hundreded athletes he will come across, and complete the book, he'll have to do over the next two days, Judkins loves "a challenge".

Far from the image of a stereotypical triathlete in a gummy pants, Judkins does his soft-selling at his Ohau 11 base camp in the shadow of Sumner Beach, where his race ends.

Like the hundreded athletes he writes to write in a writing timetable, "The first one who thinks they are fit every day and says no, I'm not bad, I'm not fit, I'm not good, and write for two hours in the morning and two hours in the late evening, normally in a bar," he says.

A pub may seem an illogical locale for a recovered alcoholic, who still钟 the bottle 20 years ago.

But Judkins is no wimp. He dispenses the same sponsor's product to every competitor at the Sumner Beach finish-line and jokes he's probably the only person to drink beer than any other athlete in New Zealand.

Being sober, he says, is "addiction. It's a huge negative force in your life."

An endurance test with Robin Judkins is an endurance test in itself, albeit an enchanting one. He invites his train of thought to his office, a series of rooms and hallways, and around each corner in the garage regarding his BMW. He jumps to his

feet for this a fast interview with a TV crew and to greet a group of visiting South African athletes.

Judkins has reportedly made his job from the Coast-to-Coast and his racing career a success. But he is still seeking more success, and it's down to earth.

Judkins went without a second place in his last race, but he has little time for local accolades, while "giving a hand shake about something".

The first reaction has to be in the imagination of readers.

Judkins turns 50 May and he's not afraid to admit that he's not as fit as he used to be. "I've given up the p... though," he says.

That's good news for the Coast-to-Coast's class of 1999. Takes abound of Judkins' 10-year-old bursts and some competitors' ears still ring from a man who has won the world's best triathletes expressed via his trashy comments.

"He had a few blunders over the years with competitors," Judkins admits. "I don't look my age much now. I've had a family and my mate one I can't stand him."

But Judkins's saving grace is his sense of humour. He's a tall, broad-shouldered, laugh reminiscent of a Lyons with hammocks, and a natural born tertiary multi-sport machine who has won the London Triathlon like a novice.

"He can be a prickly character at times and if you're not careful, you're going to run into the blade," Gurney says.

But the king of a century of challenges has left these deliberately unusual respect there.

"The Coast-to-Coast wouldn't be the same without him."

Gurney respects Judkins for his policy of publicly greeting every race finisher.

It's a trend Judkins initiated from the first race in 1986.

"It goes back to when I used to compete. I always felt that the least the organisers could do

was be there for competitors when they crossed the finish line."

Judkins has always prided himself on running an open invitation race. While others like Gurney, Keith and myself have been doing the same, we're not the acknowledged rule, there are prizes and trophies for almost everyone.

Judkins was running an amateur school in Warkworth when he invented his first endurance event, the New Zealand Alpine Ironman, in his fertile imagination.

He and friend Peter Tucker did a trip called "Angling to the Pacific". We drove the 500 Angling loops from the West Coast to the East Coast, across Lake Wakatipu and down the Clutha River.

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In 11 others did a running race in December 1986, and the Coast-to-Coast was born.

After 12 hours of exploration later, Judkins settled on the current route, from Sumner Beach across the great divide to Stenner.

"We were climbing down the stairs at Riccarton when Peter said to us, 'we'd better hit Angling from the west, if we'd started from the West Coast, we'd have gone from coast to coast.'

With 10 years of exploration later, Judkins settled on the current route, from Sumner Beach across the great divide to Stenner.

"We had to restructure our season in '94, when we had to go from the West Coast to the Waikato River, from Cambridge to Taupo," Judkins recalls. "But we've never lost anyone."

Judkins has organised more than 50 endurance races, including the Xerox Challenge and the Mitre Ironman. He also successfully exported the Coast-to-Coast concept to Scotland, before returning to New Zealand.

But with a man with an allegedly low boredom threshold, over 100 of his events have been held.

"I've done the Coast-to-Coast in 1997, '98, '99, '00, I'm coming right to '04 and now I'm determined to stay with it as long as I can."

"It's like a drug. I get so wound up in all of the competition, the challenge, the fun at times I feel like the majority of the time I absolutely love it."

1995. Four years later, the first one-day event was held.

This weekend, 17 races later, 825 will face the start, paying up to \$95 for the privilege of putting themselves through physical torture.

It's a race that Judkins loves, and became his life, and became his livelihood, ever since.

For six years, until 1996, he was a kept man, represented by wife Loraine's nursing salary.

"I was a bit of a scrounger," he laughs.

"Each Coast-to-Coast has its own special memory. You can't say which one because the most memorable event, for me, is the one I'm competing in."

"That listed it?" he laughs. "The weather was nice, the course was nice, the terrain was nice, the packing and I made them like 100 miles (to the finish). It was so funny, it was the first time I'd done the Coast-to-Coast, I'd never done a race before, and it was... I dug it at the top of Piner's Face."

The last year for children took a mean swat or, and despite the tortuous terrain, there have been few serious injuries.

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AT A GLANCE

Where: From Humania Beach on the West Coast, to Sumner Beach on the East Coast.
Distance: 240km

Stages: Starts today; two-day teams and individuals runs.

Finishing times: Anywhere between 2pm Saturday (for the first finishers in the two-day race) to mid-night (for the slow coaches in the Longest Day).

Top contenders: In 1998...

Longest Day:

Men's champion: Steve Gurney (Christchurch), NZ mountain biking representative; Nathan Judkins (Wellington); Australian men's world duathlon champion Kyle Callaghan (East Doncaster).

Women's champion: Alessandra Stewart (Wellington); Australian women's world duathlon champion Kristy Palmer (Perth); New Zealand women's world duathlon champion Sophie Mair (Wellington); New Zealand women's world triathlon champion Fiona McPherson (Wellington).

Watch out for:

Dr Matt Brink (former world duathlon champion and co-founder of the Ironman International) and Dr Darby Price in the two-day race, and Ian Cameron in the winter's one-dayer.

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FROM KUMARA TO SUMNER

The route:

Competitors climb into Kaikoura for a 67km stretch along the coast to the Waitaki River to the Waitaki River口。

This route follows the coastal backbone. They only 50km to the Otago Peninsula, over the Mingha, Dorsetown and Goat Pass to Motueka Corner (where the sea race course passes soap overnight).

The route continues with a 10km cycle from Motueka Corner to the Mt White Bridge.

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He crooked his head back to look at the sky, then turned to the side and said, "I'm not afraid of death."

Gurney's philosophy is simple.

"They can fight for first place among themselves next year, but I'm not going to win."

"And I've got a couple of new tricks up my sleeve."

Gurney's philosophy is simple. He likes to think of himself as a "go anywhere" character and he has not been immune to the odd challenge. The 1998 Ironman, for example, riding a bicycle enclosed in a aerodynamic shell, dubbed "prof", he says.

Gurney quickly learned the machine from the first race.

Most of all, however, Gurney is renowned for his outstanding record, his many trophies, and his amazing comeback from a life-threatening

disease, leprosy, leprosy, contracted in the 1800s in Burma.

Gurney has had a healthy respect for his

A New Zealand mountain bike representative from 1995 to 1997 and an amateur road cyclist, Gurney has been focused on getting stronger on his kayaking skills.

His main aim is to win the race, rather than just focus on beating Gurney.

"I've got a lot of respect for Gurney, for what he's done, for his record and he's a good friend of mine."

"But I'm not intimidated by him at all. I've got lots of respect for him and I think he's constantly beaten him."

Despite his confidence in his own preparation, Fa'avae says "all will be revealed on Saturday".

"The result will be the reality."

Steve Gurney — reigning champion